

# 2022-11

- 2022-11-26 [T] bagaimana caranya menghindar dari kata-kata positif yang beracun alias toxic
- 2022-11-30 [T] why withdraw profits from your trading account regularly?

# 2022-11-26 ☐☐ bagaimana caranya menghindari dari kata-kata positif yang beracun alias toxic

sumber: [patientlychubby@reddit](https://www.reddit.com/user/patientlychubby)

ketimbang mengatakan...

- “kamu akan melewatnya”
- “jangan berpikiran negatif terus!”
- “selalu lihat sisi cerahnya”
- “gagal bukanlah sebuah pilihan”
- “pikirkan pikiran bahagia”
- “bisa jadi hal itu akan lebih buruk”

katakanlah...

- “itu susah tapi saya percaya sama kamu.”
- “tidak mengapa untuk merasa kurang baik sesekali.”
- “cukup susah untuk melihat hal yang baik dalam situasi ini, tapi kita akan memahaminya ketika kita bisa melakukannya”
- “kegagalan adalah bagian dari bertumbuh dewasa”
- “sesuatu bisa jadi sangat susah untuk dilewati, saya ada disini untuk kamu.”
- “sesekali kita mengalami hal yang buruk. bagaimana caranya agar aku bisa mendukung kamu?”

# 2022-11-30 ☐☐ why withdraw profits from your trading account regularly?

sumber : [blue eyes@binance feed](#)

**1) the taste of winning.** it's not the numbers and zeros of virtual profits that bring real pleasure, but spending your earnings on something you can feel with your hands. it can be a gift to yourself or helping someone in need. that's how psychology works, so spending a small part of your profits on this is a must.

**2) reinvestment.** if you made a profit on a high-risk trade, then withdrawing funds and reinvesting them into less risky assets will help secure your portfolio and lay the foundation for stable capital growth in the future.

**3) insurance.** insurance will give you a chance to start over in the event of a trade failure.

**4) safety.** don't put your eggs in one basket. it's not safe to keep all your funds in one place/account/asset, as any exchange, wallet can be hacked, and an asset can lose all of its value in a short period of time.

**5) risk diversification.** how to do it? for example, you can divide your funds by risk: a high-risk deposit for futures, a medium-risk portfolio for spot trading/holding, and a low-risk deposit for fixed-rate investments, etc.

be careful and have successful trades to all.